

Balti Nailsworth

takeaway and restaurant

THE HIGH COMMISSION OF BANGLADESHI FOOD

বাল্টি নেইলস্‌ওয়ার্থ



MENU

Vegetarian Dishes are shown with a 'V' or a green background

Please note that our dishes may contain one or more of the following allergens: Nuts, Shellfish, Eggs, Milk, Mustard, Vegetable Ghee. If in doubt please ask a member of staff



Having an event?
We are happy to cater
for parties.
Please come and talk to us to
see what we can do for you.

Open 7 days a week including all holidays
(closed Christmas and Eid days)
5pm - 11pm

www.baltinailsworth.com

The management reserves the right to refuse service without disclosing reasons

Cheque and credit cards accepted: minimum charge £15

Starters

- 1 **GARLIC MUSHROOM V** £3.75
- 2 **ONION BHAJI V** £3.75
- 3 **SAMOSA** (Vegetable/Meat) £3.75
- 4 **CHICKEN TIKKA** £3.75
- 5 **SHEEK KEBAB** £3.75
- 6 **SHAMI KEBAB** £4.00
- 7 **PAKORA** (Chicken/Vegetable) £4.00
- 8 **TANDOORI MIXED KEBAB** £4.45
- 9 **CHAT** (Chicken/Chana/Aloo/Vegetable/Quorn) £4.45
- 10 **PRAWN PURI** £4.45

Tandoori

Rice not included

- 11 **VEGETABLE TIKKA CHARUKA V** £8.95
A lifetime experience for vegetarians to have a taste of very famous BBQ Tikka in vegetables: combination of roasted potato, cauliflower, peas, sprouts, diced onion tomato with marinated tandoori spice, sprinkle of exciting spices & herbs.
- 12 **QUORN TIKKA CHARUKA V** £9.25
Quorn made with 100% vegetables but looks & tastes like chicken. Cooked with BBQ spices, garnished with fried onion, capsicum & herbs.
- 13 **CHICKEN TIKKA CHARUKA** £9.50
Diced boneless spring chicken. Garnished with fried onion and capsicum.
- 14 **TANDOORI CHICKEN CHARUKA** £9.75
On the bone pieces of spring chicken. Served 1/2 a chicken per portion.
- 15 **CHICKEN SHASHLIK MUSHROOM** £10.25
Diced boneless chicken with onion, capsicum & tomato. Cooked in the tandoori oven. Garnished with fried mushroom.
- 16 **BOTI KEBAB** £10.25
Diced small pieces of lamb tikka stir fried in frying pan with onion, capsicum, peas, mushroom, tomato & coriander.
- 17 **TANDOORI MIXED GRILL CHARUKA** £11.25
Consists of Lamb Tikka, Chicken Tikka, Sheek Kebab & Tandoori chicken. Served with nan bread.
- 18 **TANDOORI KING PRAWN CHARUKA** £12.95
Tandoori cooked king sized prawns, garnished with fried onion.

All **tandoori** dishes are served with salad and mint sauce

Chef's Specials

Rice not included

- 19 **BICHI LAMB/CHICKEN** (medium to hot) £9.95
Very small pieces of spicy lamb and a special type of split Bangladeshi bean seed, called 'Bichi'. Cooked with onion, capsicum, coriander, spices, fenugreek, green chilli and diced tomato
- 20 **REZALA** (fairly hot) £9.95
On the bone tandoori chicken cooked with green chilli, selected herbs & spices with mince meat to make nice & thick sauce.
- 21 **CHICKEN BENGAL MOSOLLA** (medium) £9.95
Cooked with finely chopped onion, spices & fresh herbs, minced meat and potato.
- 22 **NAGA BHUNA** (hot) £9.95
Chicken or lamb Tikka cooked with onion, fresh tomato, coriander & fenugreek and added Naga pickle
- 23 **CHICKEN/LAMB TIKKA SAG BALTI** (medium) £9.95
Tikka cooked with spinach, onion, coriander, spice, fenugreek.
- 24 **CHICKEN/LAMB TIKKA DANSAK BALTI** (hot) £9.95
Tikka cooked with hot, sweet & sour sauce with lentils
- 25 **NAIRKOLI CHINGRI** (medium to hot) £12.95
King Prawn cooked with aromatic spices and herbs, fresh green chillies, coriander with grated coconut for an extra taste of Bangladesh.
- 26 **SHOBI KATAN** (medium to hot) V £8.95
Sprouts, cauliflower, potato and vegetable mince, cooked with finely chopped onion, coriander and selected herbs & spices, with thick sauce.
- 27 **LABRA** (medium) V £8.95
Aubergines, okra & spinach cooked in a spicy tangy lentil sauce. One of the best selling dishes. No feast without Labra in Bangladeshi villages.
- 28 **VEGETABLE BALTI V** £8.95
Choose your own combination of three from: potato, cauliflower, peas, chick peas, aubergine, sag, okra, dal
- 29 **CHICKEN/LAMB TIKKA BHUNA BALTI** (medium) £9.75
Tikka cooked with onion, fresh tomato, coriander & fenugreek
- 30 **CHICK/LAMB TIKKA MADRAS/VINDALOO BALTI** (hot) £9.75
Tikka cooked with chilli hot spicy curry sauce.
- 31 **CHICKEN/LAMB TIKKA KORMA** (mild) £9.75
Tikka cooked with mild spices in dairy based special sauce including dry ground coconut.

Balti extra spice option available with medium to hot dishes 50p extra

Top of The World

Rice not included

- | | Chick/Lamb | Veg | Quorn | KPrawn |
|---|------------|-------|--------|--------|
| 32 MURGI MAKANI (mild) £9.75 | £8.95 | £9.25 | £12.95 | |
| Cooked with fragrant mild spices, ground almond & coconut in a creamy sauce. | | | | |
| 33 PASANDA (mild) £9.75 | £8.95 | £9.25 | £12.95 | |
| Cooked with selected aromatic spices, special creamy sauce with ground almond & coconut. | | | | |
| 34 TIKKA MOSOLLA (med to mild) £9.75 | £8.95 | £9.25 | £12.95 | |
| Cooked in sauce made with yoghurt a delicate blend of aromatic spices & herbs, coconut & sliced boiled egg. | | | | |
| 35 KORAI (medium) £9.75 | £8.95 | £9.25 | £12.95 | |
| Cooked in an iron wok with delicious spices, herbs, fried onions, capsicum & tomatoes. Served as a semi dry dish. | | | | |

- | | Chick/Lamb | Veg | Quorn | KPrawn |
|--|------------|-------|--------|--------|
| 36 CHILLI (hot) £9.75 | £8.95 | £9.25 | £12.95 | |
| Cooked with fresh green chilli, onions, fresh coriander, and many other flavoured spices with red sauce. | | | | |
| 37 JHALPIAZ (hot) £9.75 | £8.95 | £9.25 | £12.95 | |
| Cooked with onion, capsicum, coriander, fenugreek, fairly hot spices, fresh green chilli to add extra taste to one of the most popular dishes. | | | | |
| 38 TAMARIND (hot) £9.75 | £8.95 | £9.25 | £12.95 | |
| Cooked with finely chopped onion, capsicum, coriander, green chilli, fenugreek and a very thick tamarind sauce. | | | | |
| 39 TIKKA PATIA () £9.75 | £8.95 | £9.25 | £12.95 | |
| Cooked with sweet, sour and hot sauce. | | | | |

Balti extra spice option available with medium to hot dishes - 50p extra

	Chick/Lamb	Veg	Quorn	KPrawn		Chick/Lamb	Veg	Quorn	KPrawn
40 BUTTER DELIGHT (mild) £9.95	£8.95	£9.25	£12.95		51 KASUNDI (fairly hot) £9.95	£8.95	£9.25	£12.95	
Cooked in a red sauce made with yoghurt, a delicate blend of aromatic spice & herb and then garnished with a sauce made with almond, coconut fresh cream and butter. Soft, smooth & silky.					Cooked with onion, coriander, spices, fenugreek, green chilli, finely chopped orange skin to create mouth watering taste.				
41 ZAFRANI (mild) £9.95	£8.95	£9.25	£12.95		52 SHATKORA (med/hot) £9.95	£8.95	£9.25	£12.95	
Cooked with a selection of mild spices in a special sauce, made with ground coconut and almond, fresh cream & just a touch of lime juice for an extra special flavour. Mild, creamy with tangy taste.					Chicken or lamb cooked with onion, coriander, spices, fenugreek, green chilli, finely chopped 'Shatkora' skin to create mouth-watering taste which is imported only from the part of Bangladesh called Sylhet.				
42 BENAROSHI (mild) £9.95	£8.95	£9.25	£12.95		53 MURALI (fairly hot) £9.95	N/A	£9.25	£12.95	
Cooked with very mild spices, dry ground coconut and almond in a creamy rich sauce with a slice of Bangladeshi mango for a delicate taste.					Cooked with chickpeas, potato, green chilli, exotic spices in a delicate red sauce made from yoghurt.				
43 MISTI (mild) £9.95	£8.95	£9.25	£12.95		54 NOKSHI (fairly hot) £9.95	£8.95	£9.25	£12.95	
Chicken & meat dish, with prawns. Cooked in a delicate sauce made with fresh cream, ground almond and coconut, honey, authentic exotic spices & herbs creating a mild and never forgotten taste.					Cooked with onion, herbs & spices, green chilli, coriander, fenugreek and mixed pickle of mango, chilli & lime to get authentic taste & flavour.				
44 MOSHLIN KORMA (mild) £9.95	£8.95	£9.25	£12.95		55 SALSALSA (fairly hot) £9.95	£8.95	£9.25	£12.95	
Cooked with mild spices in a rich creamy sauce with dry different nuts, dry tropical fruits, dry coconut, banana, papaya etc. Mild.					This highly popular dish cooked with onion, green chilli, fried garlic flakes and our own yoghurt which creates a great hot & cool taste.				
45 NOBABI KORMA (mild) £9.95	£8.95	£9.25	£12.95		56 JHAZ (fairly hot) £9.95	£8.95	£9.25	£12.95	
Cooked with a blend of aromatic mild spices with rich thick coconut milk plus fresh cream, ground coconut. Mild. Curry's language of love.					Cooked with chopped onion, capsicum, fresh herbs, green chilli and a touch of mustard for extra taste of Bangladesh.				
46 GARLIC DELIGHT (mild) £9.95	£8.95	£9.25	£12.95		57 BEGUN BAHAR (fairly hot) £9.95	£8.95	£9.25	£12.95	
Cooked with diced fried onion, capsicum, creamy mild spices, ground almond and coconut, with fried garlic. Mild with garlic flavour.					Minced meat cooked with exciting spices, onion, coriander, green chilli, mushroom, aubergine, with special red sauce made with yoghurt.				
47 TIKKA GARLIC (medium) £9.95	£8.95	£9.25	£12.95		58 JAMDANI (fairly hot) £9.95	£8.95	£9.25	£12.95	
Cooked with fried diced onion, capsicum & coriander and fried garlic. Garlic flavour.					Cooked with aromatic spices & herbs, fresh green chilli with chopped fried onion and capsicum.				
48 GREEN CHICKEN (fairly hot) £9.95	£8.95	£9.25	£12.95		59 TIKKA PONIR (fairly hot) £9.95	£8.95	£9.25	£12.95	
Cooked with finely chopped onion, capsicum, coriander, green chilli, fenugreek and a very exciting fragrant green coloured thick sauce made from blended coriander, capsicum & garlic.					Cooked with selected herbs & spices added with green chilli & fresh coriander. Garnished with grated cheese to bring a mouth watering taste.				
49 SOUTH INDIAN (fairly hot) £9.95	£8.95	£9.25	£12.95		60 BORHANI (fairly hot) £9.95	£8.95	£9.25	£12.95	
Cooked with fresh garlic & ginger, green chilli, exciting spices & herbs, fresh diced onion & capsicum. Garlic flavour with ginger.					Cooked with exciting minty yoghurt sauce made with green chilli, coriander, chopped onion & capsicum. One of the most popular dishes.				
50 NEPALI (fairly hot) £9.95	£8.95	£9.25	£12.95		61 CHAT (medium) £9.95	£8.95	£9.25	£12.95	
Cooked with onion, coriander, spices, fenugreek, green chilli, finely chopped lemon skin to create mouth watering taste.					Small pieces of chicken fried with finely chopped onion, coriander and special chat spices.				

Balti extra spice option available with medium to hot dishes 50p extra

Biryani

62 MIX VEGETABLE BIRYANI (medium) V£10.25	
Fried pilau rice with mixed vegetables.	
63 CHICKEN/LAMB BIRYANI (medium)£10.50	
Fried pilau rice with spicy chicken or diced meat.	
64 CHICKEN/LAMB TIKKA BIRYANI (medium)£10.75	
Fried pilau rice with spicy chicken tikka or lamb tikka.	
65 PRAWN BIRYANI (medium)£10.75	
Fried pilau rice with spicy prawns.	
66 CHICKEN/VEGETABLE MOSHLIN BIRYANI (mild)£10.75	
Pilau rice fried with mixed vegetables, sultanas almonds, coconut, banana, dry fruits, nuts, garnished with pineapple & coconut. Sauce comes as a vegetable korma.	
67 CHICKEN/VEGETABLE SOUTH INDIAN BIRYANI (hot) £10.75	
Pilau rice fried with mixed vegetables, coriander, fresh green chilli, diced onion & capsicum. Fried Garlic & Ginger flavoured.	
68 KING PRAWN BIRYANI (medium)£12.75	
Fried pilau rice with spicy king prawns served with salad and vegetable sauce.	

All the **biryani** dishes are served with salad and vegetable sauce

Talk of The Town Rice not included

	Chick/Lamb	Veg	Quorn	Prawn	KPrawn
69 KORMA (mild)	£8.50	£8.25	£8.95	£9.25	£11.95
Cooked with mild spices in dairy based special sauce including dry ground coconut.					
70 MALAYA (mild)	£8.50	£8.25	£8.95	£9.25	£11.95
Same as korma with added pineapple.					
71 BHUNA (medium)	£8.50	£8.25	£8.95	£9.25	£11.95
Cooked with onion, fresh tomato, coriander & fenugreek					
72 DUPIAZA (medium)	£8.50	£8.25	£8.95	£9.25	£11.95
Cooked with different spices, herbs and diced fried onions.					
73 ROGON (medium)	£8.50	£8.25	£8.95	£9.25	£11.95
Cooked with spices & herbs, semi-dry & with tomato.					
74 MADRAS (hot)	£8.50	£8.25	£8.95	£9.25	£11.95
Cooked with chilli hot spicy curry sauce.					
75 VINDALOO (hot)	£8.50	£8.25	£8.95	£9.25	£11.95
Cooked with chilli extra hot spicy curry sauce.					
76 SAG (medium)	£9.25	£8.95	£9.45	£9.75	£12.50
Spinach cooked with onion, coriander, spice, fenugreek.					
77 DANSAK (hot)	£9.25	£8.95	£9.45	£9.75	£12.50
Cooked with hot, sweet & sour sauce with lentils.					

Balti extra spice option available with medium to hot dishes 50p extra

Side Dishes

95 SAG BHAJI (spinach)	£4.00
96 SAG ALOO (spinach & potato)	£4.00
97 MUSHROOM BHAJI (fresh button mushroom)	£4.00
98 TARKA DALL (lentils with garlic flavour)	£4.00
99 BEGUN BHAJI (fresh aubergine)	£4.00
100 CAULIFLOWER BHAJI (fresh cauliflower)	£4.00
101 KABOOLI CHANA (chick peas)	£4.00
102 SHOBI BHAJI (mixed vegetables)	£4.00
103 BHINDI BHAJI (fresh Ladies Fingers or okra)	£4.00
104 ALOO GOBI (potato & cauliflower)	£4.00
105 BOMBAY ALOO (Potato)	£4.00
106 SPROUT BHAJI (spicy Brussels sprouts)	£4.00
107 DAL SHAMBER (Sweet,sour & hot)	£4.50
Lentils with mixed vegetables.	
108 SAG/MOTOR PONIR (spinach/peas with cheese)	£4.50
109 SPICY DAL (garlic flavoured & hot)	£4.50
Garlic flavoured and hot with fresh tomato	

Rice and Sundries

78 BOILED RICE	£2.35
Steamed rice	
79 PILAU RICE	£2.75
Basmati rice cooked with vegetable ghee, bay leaves, cinnamon cardamon & cloves.	
80 SPECIAL FRIED RICE	£3.50
Pilau rice fried with egg & peas.	
81 EGG FRIED RICE	£3.50
Pilau rice fried with egg.	
82 MUSHROOM FRIED RICE	£3.50
Pilau rice fried with spicy mushrooms.	
83 VEGETABLE RICE	£3.50
Pilau rice fried with spicy mixed vegetables.	
84 KEEMA RICE	£3.50
Pilau rice fried with spicy mince meat.	
85 MILON RICE	£3.50
Fried Pilau rice with chopped onion, coriander, selected spices with mushroom & peas.	
86 MOSLIN RICE	£3.50
Fried Pilau rice with chopped onion, sultanas, almonds. banana, pineapple, coconut, nuts, papaya etc.	
87 LEMON RICE	£3.50
Pilau rice fried with finely chopped onion, lemon skin, herbs & spices. Lemon flavoured.	
88 ORANGE RICE	£3.50
Pilau rice fried with finely chopped orange skin, onion, herbs & spices. Orange flavoured.	
89 SOUTH INDIAN RICE (hot)	£3.50
Pilau rice fried with green chilli, fried garlic flakes, ginger, onion, coriander, selected herbs & spices.	
90 RAITA (cucumber/onion/plain)	£1.75
Home made yogurt with a touch of spice.	
91 CHIPS (only with meal)	£2.50
92 CHUTNEY (mango/mixed pickle)	£0.60
Mango chutney or mixed pickle	
93 PAPADOM	£0.60
94 MOSALLA PAPADOM	£0.60

Breads

110 NAN V	£2.35
Leavened bread freshly cooked in tandoori oven.	
111 PONIR NAN V	£3.00
Garnished with grated cheese	
112 GARLIC NAN V	£2.75
Garnished with garlic & herbs	
113 VEGETABLE NAN V	£2.75
Stuffed with mixed vegetables	
114 KEEMA NAN	£2.75
Stuffed with spicy minced lamb	
115 PESHWARI NAN V	£2.75
Stuffed with coconut, almonds & dried fruits	
116 DISHA NAN	£3.00
Stuffed with spicy mince meat & garnished with garlic butter, & herbs.	
117 CHICKEN SHAKA NAN (fairly hot)	£3.45
Round nan stuffed with mashed chicken, onion, green chilli coriander, garnished with garlic butter & herbs.	
118 VEGETABLE SHAKA NAN (fairly hot) V	£3.45
Round nan stuffed with mashed vegetable, onion, green chilli coriander, garnished with garlic butter & herbs.	
119 MOGLI NAN (fairly hot)	£3.45
Stuffed with extra spicy mince lamb, cheese, green chilli, coriander with secret spices.	
120 CHAPATI V	£2.25
Thin round flat shape. Bangladeshi bread, made from chapati flour.	
121 STUFFED POROTA V	£2.95
Porota stuffed with mashed spicy mixed vegetable.	
122 POROTA V	£2.75
Unleavened plain thick flat bread, cooked & fried in clarified butter.	
123 TIKKA ROLL	£4.25
Nan bread rolled with chicken tikka, lettuce, onion salad, mint sauce, Popular and filling.	