## **Balti Nailsworth**

takeaway and restaurant

THE HIGH COMMISSION OF BANGLADESHI FOOD



Vegetarian Dishes are shown with a 'V' or a green background

Please note that our dishes may contain one or more of the following allergens: Nuts, Shellfish, Eggs, Milk, Mustard, Butter Ghee. If in doubt please ask a member of staff



Having an event?
We are happy to cater for parties.
Please come and talk to us to see what we can do for you.

Open 7days a week including all holidays (closed Christmas and Eid days)
5pm - 11pm

www.baltinailsworth.com

The management reserves the right to refuse service without disclosing reasons

Cheque and credit cards accepted: minimum charge £15

Starters		Chef's Specials Rice not included		
1 GARLIC MUSHROOM V£3.25				
2 ONION BHAJI V£3.25	22	SHATKORA CHICKEN/LAMB (medium to hot)£9.25		
3 SAMOSA (Vegetable/Meat)£3.25	22	Chicken or lamb cooked with onion, coriander, spices, fenugreek,		
4 CHICKEN TIKKA£3.25		green chilli, finely chopped 'Shatkora' skin to create mouth-watering		
5 SHEEK KEBAB £3.25		taste which is imported only from the part of Bangladesh called Sylhet.		
6 SHAMI KEBAB£3.45	23	BICHI LAMB/CHICKEN (medium to hot)£9.25		
7 PAKORA (Chicken/Vegetable)£3.45		Very small pieces of spicy lamb and a special type of split Bangladeshi		
8 Prawn Cocktail£3.95		bean seed, called 'Bichi'. Cooked with onion, capsicum, coriander,		
9 TANDOORI MIXED KEBAB£4.25	0.4	spices, fenugreek, green chilli and diced tomato		
10 CHAT (Chicken/Chana/Aloo/Vegetable/Quorn)£4.25	24	NAIRKOLI CHINGRI (medium to hot)£12.25  King Prawn cooked with aromatic spies and herbs, fresh green chillies,		
11 PRAWN PURI£4.25		coriander with grated coconut for an extra taste of Bangladesh.		
12 King Prawn Patia on Puri£4.50	25	CHICKEN TIKKA PATIA (sweet, sour & hot)£9.25		
13 King Prawn Butterfly£4.50		Cooked with hot, sweet & sour sauce.		
Tandoori Rice not included	26	<b>SHOBJI KATAN</b> (medium to hot) V		
		chopped onion, coriander and selected herbs & spices, with thick		
14 VEGETABLE TIKKA CHARUKA V£8.25		sauce.		
A lifetime experience for vegetarians to have a taste of very famous BBQ Tikka in vegetables: combination of roasted potato,	27	LABRA (medium) V£8.45		
cauliflower, peas, sprouts, diced onion tomato with marinated		Aubergines, okra & spinach cooked in a spicy tangy lentil sauce. One		
tandoori spice, sprinkle of exciting spices & herbs.		of the best selling dishes. No feast without Labra in Bangladeshi		
15 Quorn Tikka Charuka V£8.45	00	villages.		
Quorn made with 100% vegetables but looks & tastes like chicken.	28	VEGETABLE BALTI (medium) V£8.45 Chose your own combination of three from: potato, cauliflower, peas,		
Cooked with BBQ spices, garnished with fried onion, capsicum & herbs.		chick peas, aubergine, sag, okra, dal		
16 CHICKEN TIKKA CHARUKA£8.75	29	KING PRAWN PATIA (sweet, sour & hot)£12.25		
Diced boneless spring chicken. Garnished with fried onion and	<i>-</i> /	Cooked with hot, sweet & sour sauce.		
capsicum.	30	CHICKEN/LAMB TIKKA BHUNA BALTI (medium)£8.75		
17 TANDOORI CHICKEN CHARUKA£9.00		Tikka cooked with onion, fresh tomato, coriander & fenugreek		
On the bone pieces of spring chicken. Served $1/2$ a chicken per portion.	31	CHICKEN/LAMB TIKKA MADRAS/VINDALOO BALTI (hot) £8.75		
18 CHICKEN SHASHLIK MUSHROOM£9.45		Tikka cooked with chilli hot spicy curry sauce.		
Diced boneless chicken with onion, capsicum & tomato. Cooked in	32	CHICKEN/LAMB TIKKA DANSAK BALTI (hot)£9.25		
the tandoori oven. Garnished with fried mushroom.		Tikka cooked with hot, sweet & sour sauce with lentils		
19 <b>BOTI KEBAB</b> £9.45	33	CHICKEN/LAMB TIKKA SAG BALTI (medium)£9.25		
Diced small pieces of lamb tikka stir fried in frying pan with onion, capsicum, peas, mushroom, tomato & coriander.		Tikka cooked with spinach, onion, coriander, spice, fenugreek.		
20 TANDOORI MIXED GRILL CHARUKA£10.45	34	CHICKEN/LAMB TIKKA KORMA (mild)£8.75		
Consists of Lamb Tikka, Chicken Tikka, Sheek Kebab & Tandoori		Tikka cooked with mild spices in dairy based special sauce including		
chicken. Served with nan bread.		dry ground coconut.		
21 TANDOORI KING PRAWN CHARUKA£12.25	35	NAGA BHUNA (hot)£8.75 Chicken or lamb cooked with onion, fresh tomato, coriander &		
Tandoori cooked king sized prawns, garnished with fried onion.		fenugreek and added Naga pickle		
All <b>tandoori</b> dishes are served with salad and mint sauce	Ва	alti extra spice option available with medium to hot dishes 50p extra		
Top of T	Γh	e World Rice not included		
Chick/Lamb Veg Quorn KPrawn		Chick/Lamb Veg Quorn KPrawn		
Chick/Lamb Veg Quorn KPrawn		Chick/Lamb Veg Quorn KPrawn		

## Cooked with fragrant mild spices, ground almond & coconut in a Cooked in an iron wok with delicious spices, herbs, fried onions, capsicum & tomatoes. Served as a semi dry dish. 37 PASANDA BADAM (mild) ......£9.00 £8.25 £8.45 £12.25

41 **CHILLI** (hot) ......£9.00 £8.25 £8.45 £12.25 Cooked with fresh green chilli, onions, fresh coriander, and many other flavoured spices with red sauce.

40 KORAI (medium) ......£9.00 £8.25 £8.45 £12.25

42 **JHALPIAZ** (hot) ......£9.00 £8.25 £8.45 £12.25 Cooked with onion, capsicum, coriander, fenugreek, fairly hot spices, fresh green chilli to add extra taste to one of the most popular dishes.

36 Murgi Makani (mild) .....£9.00 £8.25 £8.45 £12.25

Cooked with selected aromatic spices, special creamy sauce with

38 TIKKA MOSOLLA (med/mild) .£9.00 £8.25 £8.45 £12.25

39 **CHAT** (medium) .....£9.00 £8.25 £8.45 £12.25 Small pieces of chicken fried with finely chopped onion, coriander

Cooked in sauce made with yoghurt a delicate blend of aromatic

creamy sauce with cashew nuts.

and special chat spices.

ground almond & coconut with almond flakes.

spices & herbs, coconut & sliced boiled egg.

Chick/Lamb Veg Quorn KPrawn

- 43 BUTTER DELIGHT (mild) £9.25 £8.25 £8.45 £12.25 Cooked in a red sauce made with yoghurt, a delicate blend of aromatic spice & herb and then garnished with a sauce made with almond, coconut fresh cream and butter. Soft, smooth & silky.
- **ZAFRANI** (mild) **£9.25 £8.25 £8.45 £12.25** Cooked with a selection of mild spices in a special sauce, made with ground coconut and almond, fresh cream & just a touch of lime juice for an extra special flavour. Mild, creamy with tangy taste.
- **45 BENAROSHI** (mild) **£9.25 £8.25 £8.45 £12.25** Cooked with very mild spices, dry ground coconut and almond in a evaporated milky rich sauce with a slice of Bangladeshi mango for a delicate taste.
- **MISTI** (mild) **£9.25 £8.25 £8.45 £12.25** Chicken & meat dish, with prawns. Cooked in a delicate sauce made with fresh cream, ground almond and coconut, honey, authentic exotic spices & herbs creating a mild and never forgotten taste.
- **47 Moshlin Korma** (mild) **£9.25 £8.25 £8.45 £12.25** Cooked with mild spices in a rich creamy sauce with dry different nuts, dry tropical fruits, dry coconut, banana, papaya etc. Mild.
- 48 NOBABI KORMA (mild) £9.25 £8.25 £8.45 £12.25 Cooked with a blend of aromatic mild spices with rich thick coconut milk plus fresh cream, ground almond and coconut. Mild. Curry's language of love.
- 49 MALI (mild) £9.25 £8.25 £8.45 £12.25 Cooked with fresh honey, cashew nuts, ground almond and coconut and our own yoghurt to create a delicious taste. A temptation to mild, less spice & cool curry lovers.
- **50 GARLIC DELIGHT** (mild) **£9.25 £8.25 £8.45 £12.25** Cooked with diced fried onion, capsicum, cashew nuts, creamy mild spices, ground almond and coconut, with fried garlic. Mild with garlic flavour.
- **51 TIKKA GARLIC** (medium) **£9.25 £8.25 £8.45 £12.25** Cooked with fried diced onion, capsicum & coriander and fried garlic. Garlic flavour.
- **52 GREEN CHICKEN** (fairly hot) **£9.25 £8.25 £8.45 £12.25** Cooked with finely chopped onion, capsicum, coriander, green chilli, fenugreek and a very exciting fragrant green coloured thick sauce made from blended coriander, capsicum & garlic.
- **SOUTH INDIAN** (fairly hot) £9.25 £8.25 £8.45 £12.25 Cooked with fresh garlic & ginger, green chilli, exciting spices & herbs, fresh diced onion & capsicum. Garlic flavour with ginger.

Chick/Lamb Veg Quorn KPrawn

- **NEPALI** (fairly hot) **£9.25 £8.25 £8.45 £12.25** Cooked with onion, coriander, spices, fenugreek, green chilli, finely chopped lemon skin to create mouth watering taste.
- **KASUNDI** (fairly hot) **£9.25 £8.25 £8.45 £12.25** Cooked with onion, coriander, spices, fenugreek, green chilli, finely chopped orange skin to create mouth watering taste.
- **F9.25**On the bone tandoori chicken cooked with green chilli, selected herbs & spices with mince meat to make nice & thick sauce.
- **MURALI** (fairly hot) **£9.25 N/A £8.45 £12.25** Cooked with chickpeas, potato, green chilli, exotic spices in a delicate red sauce made from yoghurt.
- **58 Nokshi** (fairly hot) **£9.25 £8.25 £8.45 £12.25** Cooked with onion, herbs & spices, green chilli, coriander, fenugreek and mixed pickle of mango, chilli & lime to get authentic taste & flavour.
- **59 SALSA** (fairly hot) **£9.25 £8.25 £8.45 £12.25** This highly popular dish cooked with onion, green chilli, fried garlic flakes and our own yoghurt which creates a great hot & cool taste.
- **60 JHAZ** (fairly hot) **£9.25 £8.25 £8.45 £12.25** Cooked with chopped onion, capsicum, fresh herbs, green chilli and a touch of mustard for extra taste of Bangladesh.
- 61 **BEGUN BAHAR** (fairly hot) £9.25 £8.25 £8.45 £12.25 Minced meat cooked with exciting spices, onion, coriander, green chilli, mushroom, aubergine, with special red sauce made with yoghurt.
- **62 JAMDANI** (fairly hot) **£9.25 £8.25 £8.45 £12.25** Cooked with aromatic spices & herbs, fresh green chilli with chopped fried onion and capsicum.
- **TIKKA PONIR** (fairly hot) **£9.25 £8.25 £8.45 £12.25** Cooked with selected herbs & spices added with green chilli & fresh coriander. Garnished with grated cheese to bring a mouth watering taste.
- **BORHANI** (fairly hot) £9.25 £8.25 £8.45 £12.25 Cooked with exciting minty yoghurt sauce made with green chilli, coriander, chopped onion & capsicum. One of the most popular dishes.
- 65 BENGAL MOSOLLA (med) £9.25 N/A £8.45 £12.25 Minced lamb cooked with finely chopped onion, spices & fresh herbs and potato.

Balti extra spice option available with medium to hot dishes 50p extra

## **B**iryani

66 MIX VEGETABLE BIRYANI (medium) V	£9.45	<b>71</b>
Fried pilau rice with mixed vegetables.		
67 CHICKEN/LAMB BIRYANI (medium) Fried pilau rice with spicy chicken or diced meat.	£9.75	<b>72</b>
68 CHICKEN/LAMB TIKKA BIRYANI (medium) Fried pilau rice with spicy chicken tikka or lamb tikka.	£9.95	
<b>69 PRAWN BIRYANI</b> (medium)	£9.95	<b>73</b>
70 CHICKEN/VEGETABLE MOSHLIN BIRYANI (mild)	£9.95	

- 70 CHICKEN/VEGETABLE MOSHLIN BIRYANI (mild) .........£9.95
  Pilau rice fried with mixed vegetables, sultanas almonds, coconut, banana, dry fruits, nuts, garnished with pineapple & coconut. Sauce comes as a vegetable korma.
- **71 TAWAMI SHAHI BIRYANI** (medium) .......£9.95 Fried pilau rice with finely sliced marinated chicken, prawn & mushroom.
- 73 CHICKEN/VEGETABLE SOUTH INDIAN BIRYANI (hot) £9.95 Pilau rice fried with mixed vegetables, coriander, fresh green chilli, diced onion & capsicum. Fried Garlic & Ginger flavoured.
- 74 KING PRAWN BIRYANI (medium) .....£11.95
  Fried pilau rice with spicy king prawns served with salad and vegetable sauce.

## Side Dishes Talk of The Town Rice not included 101 SAG BHAJI (spinach) £3.50 Chick/Lamb Veg Quorn Prawn **KPrawn 75 KORMA** (mild) £7.45 £7.25 £7.95 £11.25 Cooked with mild spices in dairy based special sauce including 103 SAG/MOTOR PONIR (spinach/peas with cheese) .. £4.25 dry ground coconut. 104 MUSHROOM BHAJI (fresh button mushroom) ..... £3.50 **76 MALAYA** (mild) £7.45 £7.25 £7.95 £7.95 £11.25 105 TARKA DALL (lentils with garlic flavour) .......£3.50 Same as korma with added pineapple. 77 BHUNA (medium) £7.45 £7.25 £7.95 £7.95 £11.25 106 BEGUN BHAJI (fresh aubergine) .....£3.50 Cooked with onion, fresh tomato, coriander & fenugreek 107 CAULIFLOWER BHAJI (fresh cauliflower) .....£3.50 **78 DUPIAZA** (medium) **£7.45 £7.25** £7.95 £7.95 £11.25 108 KABOOLI CHANA (chick peas) ......£3.50 Cooked with different spices, herbs and diced fried onions. 109 SHOBJI BHAJI (mixed vegetables) .....£3.50 79 **ROGON** (medium) £7.45 £7.25 £7.95 £7.95 £11.25 110 BHINDI BHAJI (fresh Ladies Fingers or okra) .......£3.50 Cooked with spices & herbs, semi-dry & with tomato. 80 MADRAS (hot) £7.45 £7.25 £7.95 £7.95 £11.25 Cooked with chilli hot spicy curry sauce. 112 BOMBAY ALOO (Potato) ......£3.50 £7.45 £7.25 £7.95 **81 VINDALOO** (hot) £11.25 113 DAL SHAMBER (Sweet, sour & hot) ......£3.75 Cooked with chilli extra hot spicy curry sauce. Lentils with mixed vegetables. 82 SAG (medium) £7.95 £7.75 £8.45 £8.45 £11.75 114 SPROUT BHAJI (spicy Brussels sprouts) ......£3.50 Spinach cooked with onion, coriander, spice, fenugreek. 115 SPICY DAL (garlic flavoured & hot) ......£4.25 83 DANSAK (hot) £7.95 £7.75 £8.45 £8.45 £11.75 Garlic flavoured and hot with fresh tomato Cooked with hot, sweet & sour sauce with lentils. Balti extra spice option available with medium to hot dishes 50p extra **Breads** Rice and Sundries 116 NAN V.....£2.20 Leavened bread freshly cooked in tandoori oven. BOILED RICE \_\_\_\_\_£2.20 84 117 Ponir Nan V.....£2.75 Steamed rice Garnished with grated cheese PILAU RICE £2.45 85 118 GARLIC NAN V .....£2.50 Basmati rice cooked with vegetable ghee, bay leaves, cinnamon Garnished with garlic & herbs cardamon & cloves. 119 VEGETABLE NAN V SPECIAL FRIED RICE £3.25 Stuffed with mixed vegetables Pilau rice fried with egg & peas. Filau rice fried with egg & peas. EGG FRIED RICE .....£3.25 120 KEEMA NAN .....£2.50 Stuffed with spicy minced lamb Pilau rice fried with egg. 121 PESHWARI NAN V .....£2.50 MUSHROOM FRIED RICE £3.25 Stuffed with nuts, almonds & dried fruits Pilau rice fried with spicy mushrooms. VEGETABLE RICE .....£3.25 122 **DISHA NAN** £2.75 Stuffed with spicy mince meat & garnished with garlic butter, & Pilau rice fried with spicy mixed vegetables. **KEEMA RICE £3.45** herbs. herbs. 123 ZATRI NAN (fairly hot) V.....£4.25 90 Round Nan bread on top with green chilli, onion, peas, cheese, 91 tomato & coriander. Fried Pilau rice with chopped onion, coriander, selected spices 124 CHICKEN SHAKA NAN (fairly hot) .....£3.45 with mushroom & peas. Round nan stuffed with mashed chicken, onion, green chilli 92 Moslin Rice ....£3.45 coriander, garnished with garlic butter & herbs. Fried Pilau rice with chopped onion, sultanas, almonds. banana, 125 VEGETABLE SHAKA NAN (fairly hot) V.....£3.45 pineapple, coconut, nuts, papaya etc. Round nan stuffed with mashed vegetable, onion, green chilli LEMON RICE .....£3.45 93 coriander, garnished with garlic butter & herbs. Pilau rice fried with finely chopped onion, lemon skin, herbs, 126 Mogli Nan (fairly hot) .....£3.45 spices & nuts. Lemon flavoured. Stuffed with extra spicy mince lamb, cheese, green chilli, corian-ORANGE RICE \_\_\_\_\_£3.45 94 der with secret spices. Pilau rice fried with finely chopped orange skin, onion, nuts, 127 CHAPATI V £1.95 South Indian Rice (hot) £3.45 herbs & spices. Orange flavoured. Thin round flat shape. Bangladeshi bread, made from chapati Pilau rice fried with green chilli, fried garlic flakes, ginger, peas, 128 STUFFED POROTA V £2.75 onion, coriander, selected herbs & spices. Porota stuffed with mashed spicy mixed vegetable. RAITA (cucumber/onion/plain) .....£1.75 96 129 POROTA V .....£2.50

Home made yogurt with a touch of spice.

Mango chutney or mixed pickle

97

CHIPS (only with meal) .....£1.95

CHUTNEY (mango/mixed pickle) .....£0.60

PAPADOM £0.60

Mosalla Papadom .....£0.60

Unleavened plain thick flat bread, cooked & fried in clarified

130 TIKKA ROLL .....£4.25

sauce, Popular and filling. **131 KATLIMA** (fairly hot) **V**......£3.75

Nan bread rolled with chicken tikka, lettuce, onion salad, mint

Deep fried bread, stuffed with mash potato, chick peas & green

butter.

chilli.