

Balti Nailsworth

takeaway and restaurant

THE HIGH COMMISSION OF BANGLADESHI FOOD

বাল্টি নেইলস্‌ওয়ার্থ



Take Away Menu

01453 839393

We have very many Vegetarian Dishes,
they are shown with a 'V' or the price has a **green background**

Please note that our dishes may contain one or more of the following allergens:
Nuts, Shellfish, Eggs, Milk, Mustard, Vegetable Ghee. If in doubt please ask a member of staff



Having an event?
We are happy to cater
for parties.
Please come and talk to us to
see what we can do for you.

Open 7 days a week including all holidays
(closed Christmas and Eid days)

Sun-Thu 5:00pm to 10:00pm, Fri-Sat 5:00pm to 10:30pm

www.baltinailsworth.com

The management reserves the right to refuse service without disclosing reasons

Cheque and credit cards accepted: minimum charge £15

Talk of The Town

Rice not included

- 69 **KORMA** (mild)
Cooked with mild spices in dairy based special sauce including dry ground coconut.
- 70 **MALAYA** (mild)
Same as korma with added pineapple.
- 71 **BHUNA** (medium)
Cooked with onion, fresh tomato, coriander & fenugreek
- 72 **DUPIAZA** (medium)
Cooked with different spices, herbs and diced fried onions.
- 73 **ROGON** (medium)
Cooked with spices & herbs, semi-dry & with tomato.
- 74 **MADRAS** (hot)
Cooked with chilli hot spicy curry sauce.
- 75 **VINDALOO** (hot)
Cooked with chilli extra hot spicy curry sauce.
- 76 **SAG** (medium) this dish is 50p extra
Spinach cooked with onion, coriander, spice, fenugreek.
- 77 **DANSAK** (hot) this dish is 50p extra
Cooked with hot, sweet & sour sauce with lentils.
Balti extra spice option available with medium to hot dishes 50p extra

					
Chicken	Lamb	Prawn	King Prawn	Veg	Quorn
£6.95	£7.95	£7.50	£10.50	£6.50	£7.25

Side Dishes

- 95 **SAG BHAJI** (spinach) £3.50
- 96 **SAG ALOO** (spinach & potato) £3.50
- 97 **MUSHROOM BHAJI** (fresh button mushroom) £3.50
- 98 **TARKA DALL** (lentils with garlic flavour) £3.50
- 99 **BEGUN BHAJI** (fresh aubergine) £3.50
- 100 **CAULIFLOWER BHAJI** (fresh cauliflower) £3.50
- 101 **KABOOLI CHANA** (chick peas) £3.50
- 102 **SHOBI BHAJI** (mixed vegetables) £3.50
- 103 **BHINDI BHAJI** (fresh Ladies Fingers or okra) £3.50
- 104 **ALOO GOBI** (potato & cauliflower) £3.50
- 105 **BOMBAY ALOO** (Potato) £3.50
- 106 **SPROUT BHAJI** (spicy Brussels sprouts) £3.50
- 107 **DAL SHAMBER** (Sweet, sour & hot)
Lentils with mixed vegetables. £3.95
- 108 **SAG/MOTOR PONIR** (spinach/peas with cheese) £3.95
- 109 **SPICY DAL** (garlic flavoured & hot) £3.95
Garlic flavoured and hot with fresh tomato

Rice and Sundries

- 78 **BOILED RICE** £2.50
Steamed rice
- 79 **PILAU RICE** £2.75
Basmati rice cooked with vegetable ghee, bay leaves, cinnamon cardamon & cloves.
- 80 **SPECIAL FRIED RICE** £3.25
Pilau rice fried with egg & peas.
- 81 **EGG FRIED RICE** £3.25
Pilau rice fried with egg.
- 82 **MUSHROOM FRIED RICE** £3.25
Pilau rice fried with spicy mushrooms.
- 83 **VEGETABLE RICE** £3.25
Pilau rice fried with spicy mixed vegetables.
- 84 **KEEMA RICE** £3.25
Pilau rice fried with spicy mince meat.
- 85 **MILON RICE** £3.25
Fried Pilau rice with chopped onion, coriander, selected spices with mushroom & peas.
- 86 **MOSLIN RICE** £3.25
Fried Pilau rice with chopped onion, sultanas, almonds, banana, pineapple, coconut, nuts, papaya etc.
- 87 **LEMON RICE** £3.25
Pilau rice fried with finely chopped onion, lemon skin, herbs & spices.
Lemon flavoured.
- 88 **ORANGE RICE** £3.25
Pilau rice fried with finely chopped orange skin, onion, herbs & spices.
Orange flavoured.
- 89 **SOUTH INDIAN RICE** (hot) £3.25
Pilau rice fried with green chilli, fried garlic flakes, ginger, onion, coriander, selected herbs & spices.
- 90 **RAITA** (cucumber/onion/plain) £1.75
Home made yogurt.
- 91 **CHIPS** (only with meal) £2.50
- 92 **CHUTNEY** (onion salad or mint sauce) £0.60
- 93 **PAPADUM** £0.60
- 94 **MOSALLA PAPADUM** £0.60

Breads

- 110 **NAN V** £2.50
- 111 **PONIR NAN V** £2.95
- 112 **GARLIC NAN V** £2.75
- 113 **VEGETABLE NAN V** £2.75
- 114 **KEEMA NAN** £2.75
- 115 **PESHWARI NAN V** £2.75
- 116 **DISHA NAN** £2.95
- 117 **CHICKEN SHAKA NAN** (fairly hot) £2.95
- 118 **VEGETABLE SHAKA NAN** (fairly hot) V £2.95
- 119 **MOGLI NAN** (fairly hot) £2.95
- 120 **CHAPATI V** £2.25
- 121 **STUFFED POROTA V** £2.95
- 122 **POROTA V** £2.50
- 123 **TIKKA ROLL** £4.50



Nailsworth

From Stroud

From Forest Green

Old Market

From Bath

A46

From Avening

Morrisons Car Park

The 'W'

47 Mill Yard, George Street, GL6 0AG
(above Russell's Dry Cleaners,
Morrisons Car Park)
01453 839393

Starters

- 1 **GARLIC MUSHROOM V** £3.50
- 2 **ONION BHAJI V** £3.50
- 3 **SAMOSA** (Vegetable/Meat) £3.25
- 4 **CHICKEN TIKKA** £3.50
- 5 **SHEEK KEBAB** £3.50
- 6 **SHAMI KEBAB** £3.95
- 7 **PAKORA** (Chicken/Vegetable) £3.75
- 8 **TANDOORI MIXED KEBAB** £4.25
- 9 **CHAT** (Chicken/Chana/Aloo/Vegetable/Quorn) £4.25
- 10 **PRAWN PURI** £4.25

Chef's Specials

Rice not included

- 19 **BICHI LAMB/CHICKEN** (medium to hot) £8.25
Very small pieces of spicy lamb and a special type of split Bangladeshi bean seed, called 'Bichi'. Cooked with onion, capsicum, coriander, spices, fenugreek, green chilli and diced tomato
- 20 **REZALA** (fairly hot) £8.25
On the bone tandoori chicken cooked with green chilli, selected herbs & spices with mince meat to make nice & thick sauce.
- 21 **CHICKEN BENGAL MOSOLLA** (medium) £8.25
Cooked with finely chopped onion, spices & fresh herbs, minced meat and potato.
- 22 **NAGA BHUNA** (hot) £8.25
Chicken or lamb Tikka cooked with onion, fresh tomato, coriander & fenugreek and added Naga pickle
- 23 **CHICKEN/LAMB TIKKA SAG BALTI** (medium) £8.25
Tikka cooked with spinach, onion, coriander, spice, fenugreek.
- 24 **CHICKEN/LAMB TIKKA DANSAK BALTI** (hot) £8.25
Tikka cooked with hot, sweet & sour sauce with lentils
- 25 **NAIRKOLI CHINGRI** (medium to hot) £11.50
King Prawn cooked with aromatic spices and herbs, fresh green chillies, coriander with grated coconut for an extra taste of Bangladesh.
- 26 **SHOBI KATAN** (medium to hot) V £7.25
Sprouts, cauliflower, potato and vegetable mince, cooked with finely chopped onion, coriander and selected herbs & spices, with thick sauce.
- 27 **LABRA** (medium) V £7.25
Aubergines, okra & spinach cooked in a spicy tangy lentil sauce. One of the best selling dishes. No feast without Labra in Bangladeshi villages.
- 28 **VEGETABLE BALTI V** £7.25
Chose your own combination of three from: potato, cauliflower, peas, chick peas, aubergine, sag, okra, dal
- 29 **CHICKEN/LAMB TIKKA BHUNA BALTI** (medium) £7.95
Tikka cooked with onion, fresh tomato, coriander & fenugreek
- 30 **CHICK/LAMB TIKKA MADRAS/VINDALOO BALTI** (hot) £7.95
Tikka cooked with chilli hot spicy curry sauce.
- 31 **CHICKEN/LAMB TIKKA KORMA** (mild) £7.95
Tikka cooked with mild spices in dairy based special sauce including dry ground coconut.

Tandoori

Rice not included

- 11 **VEGETABLE TIKKA CHARUKA V** £7.25
A lifetime experience for vegetarians to have a taste of very famous BBQ Tikka in vegetables: combination of roasted potato, cauliflower, peas, sprouts, diced onion tomato with marinated tandoori spice, sprinkle of exciting spices & herbs.
- 12 **QUORN TIKKA CHARUKA V** £7.50
Quorn made with 100% vegetables but looks & tastes like chicken. Cooked with BBQ spices, garnished with fried onion, capsicum & herbs.
- 13 **CHICKEN TIKKA CHARUKA** £7.75
Diced boneless spring chicken. Garnished with fried onion and capsicum.
- 14 **TANDOORI CHICKEN CHARUKA** £7.95
On the bone pieces of spring chicken. Served 1/2 a chicken per portion.
- 15 **CHICKEN SHASHLIK MUSHROOM** £8.50
Diced boneless chicken with onion, capsicum & tomato. Cooked in the tandoori oven. Garnished with fried mushroom.
- 16 **BOTI KEBAB** £8.75
Diced small pieces of lamb tikka stir fried in frying pan with onion, capsicum, peas, mushroom, tomato & coriander.
- 17 **TANDOORI MIXED GRILL CHARUKA** £9.50
Consists of Lamb Tikka, Chicken Tikka, Sheek Kebab & Tandoori chicken. Served with nan bread.
- 18 **TANDOORI KING PRAWN CHARUKA** £11.50
Tandoori cooked king sized prawns, garnished with fried onion.

All tandoori dishes are served with salad and mint sauce

Balti extra spice option available with medium to hot dishes 50p extra

Biryani

- 62 **MIX VEGETABLE BIRYANI** (medium) V £8.50
Fried pilau rice with mixed vegetables.
- 63 **CHICKEN/LAMB BIRYANI** (medium) £8.75
Fried pilau rice with spicy chicken or diced meat.
- 64 **CHICKEN/LAMB TIKKA BIRYANI** (medium) £8.95
Fried pilau rice with spicy chicken tikka or lamb tikka.
- 65 **PRAWN BIRYANI** (medium) £8.95
Fried pilau rice with spicy prawns.
- 66 **CHICKEN/VEGETABLE MOSHLIN BIRYANI** (mild) £8.95
Pilau rice fried with mixed vegetables, sultanas almonds, coconut, banana, dry fruits, nuts, garnished with pineapple & coconut. Sauce comes as a vegetable korma.
- 67 **CHICKEN/VEGETABLE SOUTH INDIAN BIRYANI** (hot) . £8.95
Pilau rice fried with mixed vegetables, coriander, fresh green chilli, diced onion & capsicum. Fried Garlic & Ginger flavoured.
- 68 **KING PRAWN BIRYANI** (medium) £11.50
Fried pilau rice with spicy king prawns served with salad and vegetable sauce.

All the biryani dishes are served with vegetable sauce

Top of The World

Rice not included

- 32 MURGI MAKANI** (mild) Cooked with fragrant mild spices, ground almond & coconut in a creamy sauce.
- 33 PASANDA** (mild) Cooked with selected aromatic spices, special creamy sauce with ground almond & coconut.
- 34 TIKKA MOSOLLA** (medium to mild) Cooked in sauce made with yoghurt a delicate blend of aromatic spices & herbs, coconut.
- 35 KORAH** (medium) Cooked in an iron wok with delicious spices, herbs, fried onions, capsicum & tomatoes. Served as a semi dry dish.
- 36 CHILLI** (hot) Cooked with fresh green chilli, onions, fresh coriander, and many other flavoured spices with red sauce.
- 37 JHALPIAZ** (hot) Cooked with onion, capsicum, coriander, fenugreek, fairly hot spices, fresh green chilli to add extra taste to one of the most popular dishes.
- 38 TAMARIND** (hot) Cooked with finely chopped onion, capsicum, coriander, green chilli, fenugreek and a very thick tamarind sauce.
- 39 TIKKA PATIA** (hot) Cooked with sweet, sour and hot sauce.

Balti extra spice option available with medium to hot dishes **50p** extra

Out of This World

Rice not included

- 40 BUTTER DELIGHT** (mild) Cooked in a red sauce made with yoghurt, a delicate blend of aromatic spice & herb and then garnished with a sauce made with almond, coconut fresh cream and vegetable ghee. Soft, smooth & silky.
- 41 ZAFRANI** (mild) Cooked with a selection of mild spices in a special sauce, made with ground coconut and almond, fresh cream & just a touch of lime juice for an extra special flavour. Mild, creamy with tangy taste.
- 42 BENAROSHI** (mild) Cooked with very mild spices, dry ground coconut and almond in a creamy rich sauce with a slice of Bangladeshi mango for a delicate taste.
- 43 MISTI** (mild) Chicken & meat dish, with prawns. Cooked in a delicate sauce made with fresh cream, ground almond and coconut, honey, authentic exotic spices & herbs creating a mild and never forgotten taste.
- 44 MOSHLIN KORMA** (mild) Cooked with mild spices in a rich creamy sauce with dry different nuts, dry tropical fruits, dry coconut, banana, papaya etc. Mild.
- 45 NOBABI KORMA** (mild) Cooked with a blend of aromatic mild spices with rich thick coconut milk plus fresh cream, ground coconut. Mild. Curry's language of love.
- 46 GARLIC DELIGHT** (mild) Cooked with diced fried onion, capsicum, creamy mild spices, ground almond and coconut, with fried garlic. Mild with garlic flavour.
- 47 TIKKA GARLIC** (medium) Cooked with fried diced onion, capsicum & coriander and fried garlic. Garlic flavour.
- 48 GREEN CHICKEN** (fairly hot) Cooked with finely chopped onion, capsicum, coriander, green chilli, fenugreek and a very exciting fragrant green coloured thick sauce made from blended coriander, capsicum & garlic.
- 49 SOUTH INDIAN** (fairly hot) Cooked with fresh garlic & ginger, green chilli, exciting spices & herbs, fresh diced onion & capsicum. Garlic flavour with ginger.
- 50 NEPALI** (fairly hot) Cooked with onion, coriander, spices, fenugreek, green chilli, finely chopped lemon skin to create mouth watering taste.
- 51 KASUNDI** (fairly hot) Cooked with onion, coriander, spices, fenugreek, green chilli, finely chopped orange skin to create mouth watering taste.
- 52 SHATKORA CHICKEN/LAMB** (medium to hot) Chicken or lamb cooked with onion, coriander, spices, fenugreek, green chilli, finely chopped 'Shatkora' skin to create mouth-watering taste which is imported only from the part of Bangladesh called Sylhet.
- 53 MURALI** (fairly hot) Cooked with chickpeas, potato, green chilli, exotic spices in a delicate red sauce made from yoghurt.
- 54 NOKSHI** (fairly hot) Cooked with onion, herbs & spices, green chilli, coriander, fenugreek and mixed pickle of mango, chilli & lime to get authentic taste & flavour.
- 55 SALSA** (fairly hot) This highly popular dish cooked with onion, green chilli, fried garlic flakes and our own yoghurt which creates a great hot & cool taste.
- 56 JHAZ** (fairly hot) Cooked with chopped onion, capsicum, fresh herbs, green chilli and a touch of mustard for extra taste of Bangladesh.
- 57 BEGUN BAHAR** (fairly hot) Minced meat cooked with exciting spices, onion, coriander, green chilli, mushroom, aubergine, with special red sauce made with yoghurt.
- 58 JAMDANI** (fairly hot) Cooked with aromatic spices & herbs, fresh green chilli with chopped fried onion and capsicum.
- 59 TIKKA PONIR** (fairly hot) Cooked with selected herbs & spices added with green chilli & fresh coriander. Garnished with grated cheese to bring a mouth watering taste.
- 60 BORHANI** (fairly hot) Cooked with exciting minty yoghurt sauce made with green chilli, coriander, chopped onion & capsicum. One of the most popular dishes.
- 61 CHAT** (medium) Small pieces of chicken fried with finely chopped onion, coriander and special chat spices.

Balti extra spice option available with medium to hot dishes **50p** extra



Chicken
£7.95



Meat/Lamb
£8.95



King Prawn
£11.50



Vegetable
£7.25

Quorn

Quorn
£7.50